Current Focus: “Goal Setting” (Responsible learner)

Goal Setting

Setting goals means working out what you want to achieve before you start! If you do this well then you can achieve what you want. When setting goals try to make them realistic – in other words, try to aim for something that you can achieve and most importantly aim for something you really want to achieve. We can set ourselves short term and long term goals. You may have goals with your learning and interactions at school and goals outside school (sport, music, at home, helping others in the community) too!

Work out what you want and go for it!

David Garner

Enrolments for 2017 Now Being Taken

Schoolkids Bonus

Helps with education costs and is automatically paid in January and July. The final instalments are currently being paid to eligible families.

These funds are to assist families to pay any outstanding school fees, such as Essential Education Item Fees, Kitchen Garden Fees, Choir Fees etc.
Welcome back to all students, staff and families for Term 3 – a term of goal-setting and hard work. I would like to make a specific welcome to Amy Kinnear (replacing Karen McHugh in 4M), Matthew Spaccatore (replacing multiple LSL roles throughout the term) and Brenda Fry (replacing Carol Fergeus for weeks 1-3); you will make a wonderful contribution to our school this term.

You will have received a note regarding the Parent-Teacher-Student interviews requesting you make a time with your child’s class and specialist teachers for next Wednesday, 20th July. It is important that students attend these meetings to discuss their goals as well as receive feedback about their progress. These interviews will also allow you the opportunity to ask questions and follow up on the Semester 1 reports. Please return the notes as soon as possible to ensure you receive an appointment time. Please note that Katie Yeung will offer interviews for P-2 students from 2:30 to 4:30 on Monday 18th in the Performing Arts room. On Thursday 21st July, we have a curriculum day where teachers will be engaging in professional learning around the Big Write. This has been a wonderful whole school practice that is transforming our teaching and learning practice and this day promises to build on our ability to assess and plan for the teaching and learning of writing.

Please note: students are not required for formal classes on both Wednesday and Thursday 20th and 21st July.

At the end of last term, I published our first “Developing a Healthy Eating Culture at DPS” article in the newsletter. I am re-publishing the introductory paragraph in this newsletter with a new health tip provided by Health Promotion Officer, Rheannon Owen, to highlight the ongoing work we are engaging in to improve the health of our school community. School council members, parents, teachers and Community Health have been working hard to develop the school’s first Healthy Eating Policy and Action Plan. We are very excited by the scope of this initiative, part of which is to provide regular ‘tips’ in the newsletter to assist with creating healthy lunchboxes for your children. Please have a read of this article further on in the newsletter and stay tuned for more action around this within the school.

Lastly, but certainly not least, our current focus is around Goal Setting with the students. The middle of the year provides a perfect opportunity to take stock of where we have come from and where we want to head for the rest of the year. The students have been, and will continue to be very busy setting goals and identifying strategies and actions to implement in order to work towards those goals. This will form a large part of the interview next week. There is nothing more powerful than the children articulating for themselves what their goals are and having us as coaches and mentors to help guide them and create the conditions in which they can succeed.

“Do the difficult things while they are easy and do the great things while they are small. A journey of a thousand miles must begin with a single step.” – Lao Tzu (Chinese Philosopher)

Our student leaders have been offering a variety of recess and lunchtime activities throughout the year. Here they are being great role models in running the Prep-One ‘PALS’ Lunchtime activity program on a Wednesday.

David Garner, Acting Principal

Late Arrival and Early Departure
Students being dropped off late to school must be signed in at the office under parent supervision. We ask that parents accompany their child to class to ensure constant supervision.

In the case of early departure from school a reminder that a blue early departure form must be collected and completed at the office. This must then be taken and given to your child’s teacher before they can release the child from their care. No student will be released early without receipt of the blue slip.
BOOKCLUB

Book club is an important fundraiser for our school. Every time a family purchases books through Book Club the school receives books for our school library. Over the years Book Club has been operating, hundreds of books have been received and our school library would not be the wonderful resource it is for our children’s learning.

Forms were distributed to students this week. The final date for return is Friday 22nd JULY, 2016. Please ensure form has child’s name, and correct money for items ordered enclosed, if returning to the school.

Reminder: Parents may also order online via “The Loop”. Any orders via The Loop will be delivered to school in the usual manner.

BOOK CLUB was distributed this week and is due back by Friday 22nd July.

“Developing a Healthy Eating Culture at DPS”

The school community may be aware of the considerable work occurring at the moment to create a healthy food culture at Daylesford Primary School. A policy and action plan are currently in development thanks to a dedicated group of parents working closely with the school. We have also been lucky enough to secure a project worker, Rheannon Owen, to work with the school. Rheannon is a Health Promotion Officer with Hepburn Community Health, and brings great energy and insight into this project with us. One of the actions is to provide examples of healthy food tips. In this newsletter we start to provide these and hope they will assist many of you with ideas for a healthy diet and especially for healthy school lunches.

Many kids – especially the ones with loose teeth or braces – won’t eat fruit unless it’s cut up. A good trick is to cut the apple, then hold it in place with a rubber band to prevent it from going brown. Ask your child to slip the band around their wrist or put it in their pocket so you can use it again the next day and not add it to the rubbish.

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### PARENT/CARER VOLUNTEERS
#### TERM 3 2016

<table>
<thead>
<tr>
<th>FRIDAY</th>
<th>SICK BAY WASHING</th>
<th>BANKING</th>
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<tr>
<td>15&lt;sup&gt;th&lt;/sup&gt; July</td>
<td>Sam Mrsic</td>
<td>Shelley Sandow</td>
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<tr>
<td>22&lt;sup&gt;nd&lt;/sup&gt; July</td>
<td>Kathryn Earley</td>
<td>June Cooper</td>
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<tr>
<td>29&lt;sup&gt;th&lt;/sup&gt; July</td>
<td>Kirsten Wilken</td>
<td>Shelley Sandow</td>
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<tr>
<td>5&lt;sup&gt;th&lt;/sup&gt; August</td>
<td>Catherine Meadows</td>
<td>June Cooper</td>
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<tr>
<td>12&lt;sup&gt;th&lt;/sup&gt; August</td>
<td>Samantha Harris</td>
<td>Shelley Sandow</td>
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<tr>
<td>19&lt;sup&gt;th&lt;/sup&gt; August</td>
<td>Fiona Torrance</td>
<td>June Cooper</td>
</tr>
<tr>
<td>26&lt;sup&gt;th&lt;/sup&gt; August</td>
<td>Tania Green</td>
<td>Shelley Sandow</td>
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<tr>
<td>2&lt;sup&gt;nd&lt;/sup&gt; Sep.</td>
<td>Amy &amp; Sam Kinnear</td>
<td>June Cooper</td>
</tr>
<tr>
<td>9&lt;sup&gt;th&lt;/sup&gt; Sep.</td>
<td>Michelle Rushworth</td>
<td>Shelley Sandow</td>
</tr>
<tr>
<td>16&lt;sup&gt;th&lt;/sup&gt; Sep.</td>
<td>Petra Bueskens</td>
<td>End of Term No Banking</td>
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### STUDENT / COMMUNITY ACTIVITIES

#### Parenting Programs

**Bringing up Great Kids**
- A reflective parenting program developed by the Australian Childhood Foundation
- Building supportive parent-child relationships
- Exploring messages and beliefs we bring to our experience of parenting
- Understanding the world through our children’s eyes

**Tuning in to Kids**
- An evidenced based parenting program focused on raising emotionally intelligent children through:
  - Understanding the impact of emotions on behaviour
  - Identifying and understanding your own emotions
  - Enhancing emotional connection within your family

### Upcoming Shopping Trip
- August 27th
- Have a day out visiting factory outlets in Melbourne.
- $25 per person.
- For further information contact: Tanya Bull 5348 5658

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**RESILIENCE & SELF ESTEEM**

**Thursday 4th August 2016**

**6-8 pm**

Sunbury Heights Primary School

**Dr Netta Firth and Associate Professor Erica Feurtado**

Developed "Success and Dyslexia" a resilience program for primary aged students with dyslexia. This is a unique, evidence-based program that assists all children between 5-14 years old, but especially those with dyslexia, focusing on adaptive coping skills as a powerful determinant of life success.

**Presenter:** Andrew Ridge launched the program in Wedge Park Primary School and continues work with groups of dyslexic children with admittance positive results. Andrew has over 30 years experience in teaching and is the only Dyslexia Program Coordinator in Australia.

**Cost:** $30 at the door

**Register online:** ilearndifferently.weebly.com

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**UNDERSTANDING AND IDENTIFYING DYSLEXIA FOR TEACHERS & PARENTS**

**19 July 2016**

**7:00-8:30pm**

Sunbury Heights Primary School

Chester Rd E, Sunbury

Register: linda.mangold@gmail.com or text (0494) 104317

Learning name, number of attendees & phone number.

Outsides the Square is a series of three education documentary films aimed to increase awareness and understanding of dyslexia in our education system. FILM ONE will be shown and discussed at this evening.

**THE FILM WILL**

- Provide the knowledge needed to identify children at risk
- Share personal experiences of students and parents to help understand daily school and home struggles
- Discuss the nature of dyslexia, key indicators and associated difficulties

Directed by Australia's leading researchers and educators. This will be provided for questions and discussion.

**Coffee & Tea provided**

**GOLD DONATION on ENTRY**

**Upcoming Shopping Trip August 27th**

- Have a day out visiting factory outlets in Melbourne.
- $25 per person.

For further information contact: Tanya Bull 5348 5658

**Current Focus:** “Goal Setting” (Responsible learner)