Daylesford Primary School Newsletter Vincent Street (P O Box 20) Davlesford, 3460 Ph: (03) 5348 2480 Fax: (03) 5348 3958 Website http://www.daylesps.vic.edu.au "SEMPER MELIORA" (Always better things)



We are Respectful, We are Responsible Learners, We are Honest and Trustworthy, We are Caring and Compassionate, We are Good Citizens

DIARY DATES				
MARCH Mon 19 th	Mini Breakfast in Gym at 8.30am			
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Tues 20 th	Cultural Day-'Proud to Belong' (Dress Up-cultural theme)			
Thurs 22	nd Mini Breakfast in Gym at 8.30am			
Fri 23 rd	5/6 Golf clinic @Hep Golf Club			
Mon 26 th	 Mini Breakfast in Gym at 8.30am JSC-Favourite Colours Day (Gold coin donation) 			
Wed 28 th	Winter raffle meeting 9am in the Meeting room			
Thurs 29	th Cross Country NO CANTEEN End of Term 2.30pm finish.			
Preps do not attend school on Wednesdays during Term 1. ASSEMBLY 9.00am every Tuesday in the Gym				
Office Hours : 8.30am to 4.00pm				
Students' School Banking Day: Fridays				
2018 TERM DATES Term 1: Ends 29 March (Thursday) Term 2: 16 April to 29 June Term 3: 16 July to 21 September Term 4: 8 October to 21 December				

- CANTEEN COOKING -

We are making homemade sausage rolls for the canteen! Parent cooking day in the excellent OLC

kitchen.

Date: Monday 19th March

Come along for half an hour or a few hours for some cooking and conversation Contact Lindy ~ lindyc@netspace.net.au or 0401 197 386

Absences/Must notify the school

If our child is absent from school please ring the school office ASAP on 53482480 on or before the day

Unexplained Absence Letters

have been sent home with this newsletter, this letter indicates days where unexplained absences have been recorded. If you received one of these notes please indicate the reason for your child's absence and return as soon as possible. Thank you

Current Focus

Listening

With all classes now underway, one of the most important skills any child or adult can develop is the skill of listening. Listening involves a lot more than simply hearing. Listening means concentrating on what the other person is saying, showing that you are listening by looking at the speaker and responding in some way; perhaps by nodding your head and certainly by responding to what they say with a question or statement.

Things to remember:

- look at the person who is speaking ٠
- stand/or sit still while you're listening
- keep your hands free of objects
- give a response to the speaker Karen McHugh



DIVERSITY DAY 2018 THRA

TUESDAY THE 20TH MARCH

Cultural Diversity Week is all about sharing stories, and this year, we celebrate the everyday diversity of our country and explore the "why" behind cultural beliefs

Cultural diversity day is celebrated at Daylesford Primary School in family group rotations through workshops and performances that will explore cultural practices and the meaning behind them.

Children are encouraged to dress in clothing that reflects our multiculturalism.

Please come along and help out in your child's class or family group if you can.

We ask the \$4 per child payment is made as soon as possible to help cover the performance costs. "Vados" play wild gypsy and traditional music from Eastern Europe.

With thanks The specialist team. Trudi, Suzanne, Katie, Nicole.

Current Focus (Listening)

PRINCIPAL'S REPORT

CULTURAL DAY (Cultural Beliefs)

We very much look forward to our cultural day to be hosted at the school this coming Tuesday. We hope that everyone (including parents if you wish) dress up to celebrate the culturally diverse population that is Australia and Daylesford today. Our assembly on Tuesday should definitely be bright and colourful and the planned classroom activities will be very much focussed on cultural beliefs and understanding. We look forward to seeing as many community members as possible at our assembly this Tuesday.

5/6 GOLF SESSIONS

Our first of two golf sessions was held at our school oval on Friday (today). We have some very talented junior golfers who, with encouragement, would certainly play this wonderful game with skill and finesse! Our next, and final session, will be held at the beautiful Hepburn golf club next Friday.

SCHOOL COUNCIL MEETINGS

The following dates and times for our School Councilmeetings and AGM's are as follows;Yandoit PSWednesday March 21stDrummond PSMonday March 26thDaylesford PSTuesday March 27thPlease note that all agendas will be sent out to our electedrepresentatives prior to each meeting.

SKATE PARK DESIGN CONSULTATION

THE Hepburn Shire officers, along with Councillor Kate Redwood and Michelle Anderson from Sport and Recreation Victoria, hosted a community forum at our school yesterday afternoon to gauge and impact the planning and design process for an improved Skate Park at Daylesford. Convic, a skate park design company, presented their design brief and attendees were able to present their views which were eagerly sourced and considered. It was well attended and I look forward to informing the school community as updates arise.

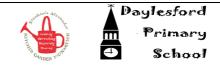
Enjoy your weekend, Trevor Edwards

LIBRARY

LAST WEEK FOR BORROWING $19^{TH} - 23^{RD}$ MARCH IN THE LAST WEEK OF TERM, $26^{TH} - 29^{TH}$ MARCH, PLEASE ENSURE ALL BOOKS ARE RETURNED DURING YOUR CHILD'S FINAL LIBRARY SESSION. Thank you Gill Pearce, Librarian

Lateness = Lost Learning

(figures below are calculated over a school year) 5 minutes late each day = 3 days lost! 10 minutes late each day = 6 days lost! 15 minutes late each day = 9 days lost! 20 minutes late each day = 12 days lost! **30 minutes late each day = 18 days lost!**



KITCHEN GARDEN

ZUCCHINIS NEEDED FOR KITCHEN GARDEN

Please deliver to school by Monday 19th March at the latest! Please no overgrown zucchinis.

Our Friday classes are short of volunteers and would welcome any parents from across the school who would like to be involved. You don't need to be an expert cook or gardener, we are all learning together. Please note that a Working With Children Check is required before you can work with classes. The check is free and available online. Please contact Gill Carron or Sandra Evans at the school if you can help.

Photos from Kitchen Garden 34K









Chloe: venerdì (Friday) Indigo: leggere (to read)

Term 1 2018 No. 5 Friday, 16th March, 2018

Current Focus (Listening)

Sports report.

Firstly, I want to apologise for not getting this report out last week. This sports report focusses on the success of all our students who participated in the Divisional Swimming Meet in Ballarat (Friday March 2nd). This year twenty-four students were entered in various swimming events. This ranged from freestyle, backstroke, breaststroke and even butterfly. We also had relay teams participating in fifty-metre freestyle.

As for the day itself, the event was held at the Ballarat Aquatic Centre, which was full of parents, students and officials. I believe there was a mention of 346 participating students at this meet. While it was humid, crowded and very noisy, I have to pay our students a huge compliment on the way they conducted themselves throughout the day. They were supportive, enthusiastic and represented the school superbly. Well done to you all.

As for results, all students did an amazing job in their heats. Two students in particular, Jessica Santurini (backstroke and freestyle) and Taj Vandenberg (backstroke) are to be congratulated for progressing through to the next level. This is on Friday 23rd March at the Eureka Pool. We wish you them all the very best. Again well done to all the students and thank you to the parents for their support.

Finally, Newcomb competition has begun at school. This involves Grade 3 to 6 students creating teams of eight. This is held over lunchtime and has already attracted big crowds who are willing to come and watch. The standard of the games has been high and great sportsmanship and a lot of energy has also been displayed. So all the best to those teams.

Don't forget that Cross country isn't far away and I know there have been classes and students at lunch time practising. So well done to everyone.

Thanking you Andrew Kiellerup.



Victorian Premiers' Reading Challenge

The Victorian Premiers' Reading Challenge is now open and Daylesford Primary School is excited to be participating.

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 7 September 2018.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and can choose to have their name included on the online Honour Roll. If you would like your child's name to appear on the Honour Roll, please sign the attached form and return it to your school.

To read the Premier's letter to parents, view the booklists and for more information about the Victorian Premiers' Reading Challenge, visit: www.education.vic.gov.au/prc

Bookclub Issue 2

is available through LOOP, the online ordering system. Brochures available from office. Online ordering only for this issue!

Term 1 2018 No. 5 Friday, 16th March, 2018

MINI Breakfast Helpers Required Can you help with mini breakfast on a

Monday or Thursday morning 8.15am -9.00am? (All volunteers require a Working with children check)

××××				
I can help with mini breakfast!				
Name				
Day				
Working with children check Yes				
CANTEEN				
Sausage Rolls unavailable until further notice.				
CANTEEN - HELP ALWAYS NEEDED				
Please contact our Canteen Manager,				
Bev Adkins, on				
5348 1839 or 0423 357 191				
if you can assist. Thank you				





RE-USABLE LUNCH ORDER BAGS \$10

Available via the Canteen - order through your lunch order OR directly through the Canteen. Available only in Black with blue trim.

PARENT VOLUNTEERS Term 1 2018

FRIDAY	SICK BAY WASHING	BANKING
23 rd Mar	Christine Gilligan	Shelley Sandow

CANTEEN DUTY

Wed 21 st March	
Thurs 22 nd March	Jess Newton
Fri 23 rd March	Kerry Forbes/Jo Steiner
Wed 28 th March	Allison Hadfield
Thurs 29 th March	NO CANTEEN END OF TERM



Current Focus (Listening)

Respectful Relationships: help us to learn about our emotions.

BY SCOUT & MADDY

Emotions make the world go round!

- Some emotions are:
- Happy
- Angry
- Sad
- Scared
- Shy
- Surprised
- Embarrassed

How to deal with negative emotions!

- Angry: if you are feeling angry you can deal with it by getting active, e.g. bouncing on the trampoline or playing sport. Using energy helps us FEEL happier.
- Guilty: Talk it out with someone, with someone you trust. Talk to your parents or a teacher.
- Sadness: cry it out or talk it out with someone you rely on like a friend or an adult, parent, uncle, aunty, grandparent, neighbour or teacher.
- Remember EVERYONE has emotions because it's a way of showing others how we feel.

How NOT to deal with negative emotions

- By keeping it inside.
- By taking it out on someone else.
- By being mean and angry with others.



Talk to the Experts

Sometimes talking about what has been happening in your life

can bring up distress, and have you realise that you or someone close to you could do with some extra support.

If you are concerned about mental health, a GP can help. There are also many organisations that can provide mental health advice or support, including the ones below.

addue provides advice and support via telephone

24/7 (just call 1300 22 4636), daily web chat (between 3pm–12am) and email (with a response provided within 24 hours).	×	
1300 224 636 (24/7)	beyondblue	
www.beyondblue.org.au		
QLife provides online 'chat' and phone counselling for lesbian, gay, bisexual, transgender and intersex people (LGBTI). 1800 184 527	Q	
qlife.org.au		
eheadspace offers online 'chat', email and phone counselling with a qualified youth mental health professional for young people aged 12-25 as well as parents/carers concerned about a young person. 1800 650 890 eheadspace.org.au	요금 동안 enaultpuce	
Suicide Call Back Service provides free nationwide 24/7 professional telephone and online counselling for anyone affected by suicide. 1300 659 467 (24/7) suicidecallbackservice.org.au	SUICIDE SERVICE	
Ufeline is and online crisis support chat with a trained crisis supporter available every night. Phone available 24/7. 13 11 14 (24/7) lifeline.org.au/Get-Help	@ Lifeline	
Counselling ONLINE offers support for people affected by alcohol and other drugs. Counselling is available via internet chat and telephone 24/7. 1800 888 236 (24/7) www.counsellingonline.org.au	J=J	
CRUFAD provides information on depression, anxiety its management.		

management.	CRUFAD	
02 8382 1400	Clinical Research Unit for Anxiety & Depresation	
www.crufad.org		
Kids HelpLine	-	
Online email and phone counselling for young people,	Kids	
1800 55 1800 (24/7)	Helpline	
www.kidshelpline.com.au		
MensLine offers online support for men with family and relationship problems.	Mens	
1300 78 99 78	4.4.4.4.4.5.5	
www.mensline.org.au	Line	
www.mensine.org.au	AUSTRALIA	
Australian Psychological Society		
This website provides a platform for those seeking		
psychological help and consultation.	APS Autratian Psychological	
	Believe in Change	
www.psychology.org.au		
Moodgym psychological therapy via an online platform.		
www.moodgym.anu.edu.au	moodgym	
Relationships Australia offers relationships counselling and		
support services for individuals, families and communities.	Relationships Australia.	
1300 364 277	1 Zulanda Mahama	
www.relationships.com.au		
Mental Health in Multicultural Australia provides support		
for people experiencing mental health concerns from		
multicultural and linguistically diverse backgrounds.	THE BATTERA	
	WIHIMA	
www.mhima.org.au		
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Reach Out provides information to assist young people	and the second division of the second divisio	
going through tough times.	REACH	
www.reachout.com.au	OUT. COM	

2018 Respectful Relationships Respect 1800 364 277