

Daylesford Primary School Newsletter

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Website <http://www.daylesps.vic.edu.au>

"SEMPER MELIORA" (Always better things)



We are Respectful, We are Responsible Learners, We are Honest and Trustworthy, We are Caring and Compassionate, We are Good Citizens

DIARY DATES

JUNE

Fri 8th Curriculum Day-Pupil Free Day

Mon 11th Queen's Birthday Holiday

Tues 12th School Photos (Please bring envelopes with correct money on this day)

Wed 13th

- * ICAS-Spelling
- * Yandoit School Council Meeting at 6pm

Thurs 14th

- * ICAS-Writing
- * Drummond School Council Meeting at 4pm

Fri 15th Grade 5/6 Science Expo

Tues 26th Winter Raffle drawn at assembly
JSC Fundraiser BBQ
Sausage Sizzle

Fri 29th End of School Term
School finishes at 2.30pm

MINI BREAKFAST held in the Gym every Monday and Thursday at 8.30am

ASSEMBLY 9.00am every Tuesday in the Gym

Office Hours : 8.30am to 4.00pm

Students' School Banking Day : Fridays

2018 TERM DATES

Term 2: 16 April to 29 June

Term 3: 16 July to 21 September

Term 4: 8 October to 21 December

WE ARE A RESPECTFUL RELATIONSHIP SCHOOL

Sometimes talking about what has been happening in your life can bring up concerns, where you may need to seek extra support.

KIDS HELPLINE FOR YOUNG PEOPLE: 1800 551 800

HEADSPACE FOR TEENS: 1800 650 890

10 WAYS TO PROMOTE GOOD MENTAL HEALTH & WELL-BEING IN KIDS

1. MODEL GOOD MENTAL HEALTH HABITS
2. MAKE SURE THEY GET ENOUGH SLEEP
3. ENCOURAGE KIDS TO EXERCISE
4. GIVE THEM CREATIVE OUTLETS
5. PROVIDE A SPACE OF THEIR OWN
6. TALK ABOUT THEIR TROUBLES
7. HELP THEM TO RELAX
8. HAVE TWO ROUTINES - WEEKDAY AND WEEKEND
9. FOSTER VOLUNTEERING AND HELPFULNESS
10. BRING FUN AND PLAYFULNESS INTO THEIR LIVES

For information from Michael Grose about raising exceptional kids...

1. Subscribe to Happy Kids newsletter on parentingideas.com.au and receive latest parenting ideas and information.
2. Visit parentingideas.com.au to find ready to go resources and books.
3. For the best parenting ideas and great advice join the Michael Grose Parenting community on Facebook: [facebook.com/michaelgroseparenting](https://www.facebook.com/michaelgroseparenting)

phone. 1800 004 484

parentingideas.com.au

Current Focus

Honesty and Trust



REMINDER:

If you need a meeting with a teacher, please arrange an appointment. 😊

This will enable staff to give you the time you require. Please call the office to arrange an appointment.

Helpful Hints: Make some dot points or notes so that you can be clear about what you are communicating.

Please avoid the following times if you require an interview.

Every morning the classroom teacher dedicates time, energy and thinking to daily classroom preparations.

They also have designated staff meetings every **Tuesday** & **Wednesday** after school.

Thank you

Term 2 2018 No.16 Thursday, 7th June, 2018

Current Focus Honesty and Trust

PRINCIPAL'S REPORT

BOOK FAIR NEWS

Well done to all volunteers who helped with the Book sort on Sunday. As we now have a confirmed date, (Saturday 1st and Sunday 2nd of September) I encourage everyone to check if they have any books that they no longer require, or books that may be of interest that are taking up room in the household and donate them to this year's Book Fair. The next Book sort is on Sunday the 24th of June at the school gymnasium from 10am until 4pm. You are most welcome to bring them along on this date. You are also most welcome to bring them to school at any time and we'll ensure that the books are prepared appropriately for sale. Thank you in anticipation and well done to our Book Fair committee.

GREATER WESTERN REGION CROSS COUNTRY WARRNAMBOOL

Well done to all participants and families who participated in these championships last Friday. Congratulations to Charlotte Streat, Erin Childs and Zach Koleski who made it to the next stage. Also well done to Frey Pelham, Jessica Santurini, Scout Kinnear & Mia Hardy who ran so well and achieved at an elite level. We look forward to the next event, the Victorian Primary Schools Cross Country championships, which will be hosted at Bundoora on the 19th July.



PUPIL FREE DAY TOMORROW

As advertised in previous newsletters tomorrow is a pupil free day. No child is to be at school. Likewise no child is to be at school on Monday the 11th of June as this is the Queen's Birthday public holiday.

SCHOOL PHOTOS

Please remember to send your school photo envelope with the correct money in it on Tuesday with your child/children.

Enjoy your weekend
Trevor Edwards
Principal

ATTENDANCE

Could all parents please notify the school when their child is absent during the week. This can be in the form of a phone call **before 9.30am** or in person at the office.

Doing this enables us to keep track of where students are during the week.

It is a requirement of the Education Department and we are endeavouring to improve our unexplained absences throughout all schools.

Thank you for your assistance

SCHOOL PHOTOS TUESDAY 12th JUNE 2017

Personalised envelopes were previously distributed to all students. Please return envelopes and correct money ON SCHOOL PHOTO DAY, TUESDAY 12th JUNE.

Each student must have their own separate envelope with them, at the time that their photo is being taken. (Change cannot be given at the office.)

If paying by cheque please make out to the photographer—"MSP Photography"

FAMILY PHOTOGRAPHS are available for students attending this school. Separate envelopes for these are available at the office.

Late envelopes cannot be accepted after photo day. Please direct all enquiries to the photography studio directly – David Torrington, Master School Portraits, (MSP Photography) Ballarat (Ph: 5333 5577).



ITALIAN WORD/PHRASE OF THE WEEK



Chloe: Ricicla: recycle

Indigo: la luna: the moon

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Sports Report!

This week's report is only a brief one. It focusses on the success of our students who attended the 'Greater Western Region Cross Country Event'. Seven of our students attended this event last Friday in Warrnambool against other students in the western region. To proceed through to State level they had to finish in the top twelve places. I heard they all did an amazing job and gave their best effort. Remember this is the level below State so I think that all seven of them did an amazing job to reach this far.

As for results, three students progressed through to State level. Congratulations to Charlotte Streat, Zach Koleski and Erin Childs. They now progress through to the 'State Finals' in Bundoora on July 19th. I know that the whole school will be saying 'Good Luck' on that day. Well done and congratulations also to Jessica Santurini, Frey Pelham, Mia Hardy and Scout Kinnear for achieving this level of Cross Country running. Well done!

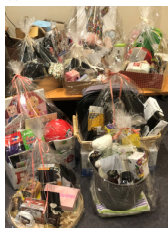
Finally, I know the children would say this but I must say thank you to the parents for their tireless effort in supporting these children. From experiences, the organisation needed to enable the children to participate in these types of events can be a big job. Well done and thank you parents.

Thanking you
Andrew Kiellerup

"WINTER" RAFFLE FUNDRAISER

Tickets for the "Winter" Raffle have been sent home. Please support this fundraiser as there are many fabulous prizes to be won, and it is a great opportunity to raise funds for our school. Please return all sold/ unsold tickets by Friday 22nd June. Raffle will be drawn at the final Assembly for Term 2, Tuesday 26th June.

We will be selling raffle tickets near Coles on various dates in May from 9am-3pm. We are looking for volunteers to spare an hour or two to help sell tickets to the community. If you able to help please leave your name and number at the school office. (53482480)



SCHOLASTIC Book Club LOOP for Parents

LOOP is the Scholastic Book Club Linked Online Ordering & Payment platform for parents. To order and pay for Scholastic Book Club by credit card visit: www.scholastic.com.au/LOOP



BOOK CLUB - ONLINE ORDERING

Orders can now be placed online for the current Issue. Simply search for the book club's loop free app in your app store and follow the prompts. Current catalogues are available at the office.

Term 2 2018 No.16 Thursday, 7th June, 2018

CANTEEN

HOMEMADE BEEF SAUSAGE ROLLS ARE NOW AVAILABLE - \$2.50 each

REMINDER-Crunchas and Salad Bowls are only available in Terms 1 & 4

Toasted sandwiches 30cents extra



PIZZA SAUCE IS NOW USED IN OUR FOCACCIAS - NO NUTS



RE-USABLE LUNCH ORDER BAGS \$10

Available via the Canteen
– order through your lunch order OR directly through the Canteen.
Available only in Black with blue trim.

CANTEEN - HELP ALWAYS NEEDED

**Please contact our Canteen Manager,
Bev Adkins on 5348 1839 or 0423 357 191
if you can assist. Thank you**

PARENT VOLUNTEERS

Term 2 2018

FRIDAY	SICK BAY WASHING	BANKING
7 th June	Christine Gilligan	Shelley Sandow
15 th June	Krystal Phypers	June Cooper
22 nd June	Jo Steiner	Shelley Sandow

CANTEEN DUTY

Wed 13 th	
Thurs 14 th	Andrea Gardiner
Wed 15 th	Yuki McCaskill & Krystal Phypers



Daylesford Primary School Accreditation

HEALTHY TIPS

Some handy tips for including protein foods in the diet

- Choose lean meat and skinless poultry trimmed of visible fat, and aim to include fish or seafood 2–3 times a week.
- Avoid processed meats like sausages and deli meats like salami where possible.
- Eggs make great lunchbox fillers for children and are very portable when hard boiled.
- Add legumes to soups, salads and meat sauces to extend the meal and add extra texture and flavour.
- Include a handful (30g) of nuts every day. Include as a snack or add to your favourite stir-fry or breakfast cereal.

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Below is a recipe from the **GREEN** category of the traffic light system. This recipe provides an excellent source of protein and can be used for a healthy snack or even a delicious lunch anytime of the year.

Pea and ham frittata

Ingredients

- 6 serves
- Potato, peeled 1 large (185g)
- Onion 1 small
- Reduced salt lean ham 200g
- Olive or canola oil ½ tablespoon
- Peas (fresh or frozen) 1 cup
- Grated cheese ½ cup Eggs 4
- Whole meal pita bread 3 medium
- Lettuce 3 leaves
- Tomato 1 medium



Method

1. Boil potatoes until just cooked. Remove from water and allow to cool.
2. Preheat oven to 160°C.
3. Peel and chop onions.
4. Slice cooked potatoes and finely slice the ham.
5. Heat oil in a pan and add onions. Sauté onions until soft but not brown.
6. Add ham, peas and sliced potato, and gently stir through.
7. Place vegetables and ham into an ovenproof dish.
8. Sprinkle grated cheese over vegetables.
9. Whisk eggs in a separate bowl, and pour evenly over vegetables and cheese.
10. Bake in oven for 30 minutes, or until cooked through.
11. Serve with half a medium pita bread per child, and lettuce and sliced tomato.

STUDENT / COMMUNITY ACTIVITIES

STAND WITH ME AT THE 'G

Breast Cancer Network Australia's Field of Women

Sunday 12 August 2018
Melbourne Cricket Ground
Before the Melbourne vs Sydney Swans AFL match

TICKETS ON SALE NOW
Adults \$59 | Children under 15 free

One day, 18,000 people.
Join us to make history and support Australians affected by breast cancer.

Purchase tickets at bcna.org.au/fieldofwomen

All proceeds from tickets go to Breast Cancer Network Australia



Term 2 2018 No.16 Thursday, 7th June, 2018

Face Painting Techniques

Tuesdays 4pm
Starting 29th May
Daylesford Library

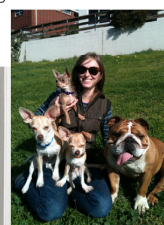
Sun Catchers

Wednesday 4th July
11am
Daylesford Library

Free but bookings are required ph 5348 2800

Rebecca Faulkner

Animal trainer for Film, Television and Theatre will talk to us about her career and introduce us to some of her biggest stars!



Tuesday 3rd July
11am
Trentham Library
2pm
Daylesford Library

Free event but space is limited so please phone 5348 2800 to book



Ron Murray

Didgeridoo and Indigenous storytelling for Children of all ages



The Warehouse - Clunes	Creswick Hub	Daylesford Library	Trentham Library
Wednesday 11th July 3.30pm	Thursday 12th July 1.30pm	Thursday 12th July 3.30pm	Friday 13th July 3pm

"...the place became alive with stories and songlines that spoke of Australia's history in the making."
<http://www.kinja.com.au>



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