

## Daylesford Primary School Newsletter

Vincent Street (P O Box 20) Daylesford, 3460

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Website <http://www.daylesps.vic.edu.au>

➤ **"SEMPER MELIORA"** (Always better things)



*We are Respectful, We are Responsible Learners, We are Honest and Trustworthy, We are Caring and Compassionate, We are Good Citizens*

## DIARY DATES

### MARCH

Friday 9<sup>th</sup> CURRICULUM DAY-Pupil free

Mon 12<sup>th</sup> Labour Day Holiday

Wed 14<sup>th</sup> Year 7, 2019 Information Evening at Daylesford Secondary College  
5.30pm – 7.30pm

Thurs 15<sup>th</sup> Mini Breakfast in Gym at 8.30am

Fri 16<sup>th</sup> 5/6 Golf clinic @ DPS

Mon 19<sup>th</sup> Mini Breakfast in Gym at 8.30am

Tues 20<sup>th</sup> Cultural Day-'Proud to Belong'  
(Dress Up-cultural theme)

Thurs 22<sup>nd</sup> Mini Breakfast in Gym at 8.30am

Fri 23<sup>rd</sup> 5/6 Golf clinic @Hep Golf Club

Mon 26<sup>th</sup> ● Mini Breakfast in Gym at 8.30am  
● JSC-Favourite Colours Day  
(Gold coin donation)

Wed 28<sup>th</sup> Winter raffle meeting 9am in the Meeting room

Thurs 29<sup>th</sup> Cross Country  
End of Term 2.30pm finish.

**Preps do not attend school on Wednesdays during Term 1.**

**ASSEMBLY 9.00am every Tuesday in the Gym**

Office Hours : 8.30am to 4.00pm

Students' School Banking Day : Fridays

### 2018 TERM DATES

Term 1: Ends 29 March (Thursday)

Term 2: 16 April to 29 June

Term 3: 16 July to 21 September

Term 4: 8 October to 21 December

## Current Focus

### Personal Best by 3/4 C

**"Doing your best is not the same as being the winner or being better than others!"**

**It's all about you!**

**3/4CW think that, being a 'RESPONSIBLE LEARNER' and doing your 'PERSONAL BEST' looks like this:**

- Trying to make improvements
- Being prepared to make mistakes
- Taking the long road if that's what makes you happy
- Making an effort
- Not giving up
- Keep trying
- Staying positive
- Having another go
- Being Persistent
- Loving a challenge
- Having an open mind
- Having a Growth Mindset



**Daylesford  
Primary  
School**

### KITCHEN GARDEN

Our Friday classes are short of volunteers and would welcome any parents from across the school who would like to be involved. You don't need to be an expert cook or gardener, we are all learning together. Please note that a Working With Children Check is required before you can work with classes. The check is free and available online. Please contact Gill Carron or Sandra Evans at the school if you can help.

**12T 'Playing by the rules' item at Assembly**



### Absences/Must notify the school

If our child is absent from school please ring the school office **ASAP** on 53482480 on or before the day

## **PRINCIPAL'S REPORT**

### **PARENT/TEACHER INTERVIEWS**

Thank you to all who attended our Term 1 parent/teacher interviews. One of our aims of these is to openly communicate strategies of support, acknowledge achievement and collectively work together to support your child/children.

### **SCHOOL COUNCIL FINALISED**

The School Council election process has concluded and I would like to congratulate the following parents who are now duly elected representatives on each School Council.

Daylesford PS : Karen McColl, Catherine Meadows, Karri Flood, Toby Sime and Russell Newton. Similarly, the following parents remain on the Daylesford School Council as their second year of involvement continues: Possum Sullivan and Tanya Madsen. We also have as the DET reps: Trevor Edwards, Karen McHugh, and Jendy Fry. We will elect up to two community members during our AGM to be hosted on Tuesday the 27<sup>th</sup> March at 6.30pm.

Our Yandoit School Council consists of the following elected representatives: Marnie Ireland, Dale Fuller and Michael Watson who join Michelle Rushworth and Louise Cruikshank. Trevor Edwards and Nicole Wassell are the DET representatives.

Our Drummond School Council consists of Jodi Zillig, Jodi Becker and Jason Keating. Our DET representatives are Karen McHugh and Meg Cox.

Again thank you to all who have nominated, all retiring school councillors for their splendid contribution and we look forward to all school councils being both active and supportive as we move into the new school council cycle. Further information about our community representatives will be acknowledged in follow up newsletters. Congratulations to all who nominated and we look forward to another great year.

### **PUPIL FREE DAY AND LABOUR DAY PUBLIC HOLIDAY**

As reported previously, tomorrow we have a pupil free day with all staff involved in professional development to support our significant Numeracy and Maths program. Monday is the annual Labour Day Holiday.

### **GOLF PROGRAM**

Our annual golf lessons for our Year 5 and 6 students commence next Friday on the school oval with golf Professional Tony Collier. A further lesson will follow at the beautiful Hepburn Golf Club.

We hope you all have a wonderful short break over the next four days, thank you for your involvement in our term one parent/teacher interviews and we look forward to seeing everyone next Tuesday, the 13<sup>th</sup> of March.

Trevor Edwards



## **ITALIAN WORD/PHRASE OF THE WEEK**



**Chloe: viola (purple) Indigo: autunno (Autumn)**

## **Daylesford Secondary College Invitation to Information Evening**

We would like to invite prospective parents and students to our upcoming Information Evening at which you can learn all about the College and what we have to offer. Staff and students will be on hand to answer questions and school tours will also be taking place.

**Date: Wednesday 14<sup>th</sup> March, 2018**

**Time: 5.30pm – 7.30 pm**

5.30pm Welcome Tea/Coffee and nibbles  
6.00 – 7.00pm Student led tours of the school  
7.00 - 7.30pm Information session in the College Theatre

Our Information night is aimed at students currently in Grade 5 or 6. If you are unable to attend this evening and would still like to learn more about the College then please contact us on (03) 5348 2367 to arrange a tour.

Kind regards,  
*Allie Morrissey*  
Daylesford Secondary College  
Leading Teacher – Engagement & Student Support  
(03) 5348 2367

## **FINANCIAL ASSISTANCE – INFORMATION FOR PARENTS**

### **DO YOU HAVE A VALID MEANS-TESTED CONCESSION CARD?**

### **Then you may be eligible to apply for the CSEF (CAMPS, SPORTS & EXCURSION FUND)**

Eligibility will be subject to the parent/carer's concession card being successfully validated with Centrelink on the first day of either term one (29 January 2018) or term two (16 April 2018). The annual CSEF amount per primary student will be \$125, which will be paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

Please contact the front office for an application form (or download from the CSEF website [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef))  
The CSEF Program closes on 30<sup>th</sup> June, 2018

**Bookclub Issue 2**  
**is available through LOOP,**  
**the online ordering system.**  
**Brochures available from office.**  
***Online ordering only for this issue!***

## **CANTEEN**

Sausage Rolls unavailable until further notice.

### **- CANTEEN COOKING -**

**We are making *homemade sausage rolls* for the canteen!**

**Parent cooking day in the excellent OLC kitchen.**

**Next date:** Monday 19th March

**Come along for half an hour or a few hours for some cooking and conversation**

**Contact Lindy ~ [lindyc@netspace.net.au](mailto:lindyc@netspace.net.au) or 0401 197 386**

★ **Toasted sandwiches 30cents extra**  
 PIZZA SAUCE IS NOW USED IN OUR FOCACCIAS - NO NUTS



**RE-USABLE  
LUNCH ORDER BAGS \$10**

Available via the Canteen  
 – order through your lunch order OR directly through the Canteen.  
 Available only in Black with blue trim.

### **CANTEEN - HELP ALWAYS NEEDED**

**Please contact our Canteen Manager,  
 Bev Adkins, on  
 5348 1839 or 0423 357 191  
 if you can assist. Thank you**

## **PARENT VOLUNTEERS Term 1 2018**

FRIDAY	SICK BAY WASHING	BANKING
16 <sup>th</sup> Mar	Clare Allen	June Cooper
23 <sup>rd</sup> Mar	Christine Gilligan	Shelley Sandow

### **CANTEEN DUTY**

Wed 7 <sup>th</sup> March	Alison Hadfield
Thurs 8 <sup>th</sup> March	
Fri 9 <sup>th</sup> March	PUPIL FREE DAY
Wed 14 <sup>th</sup> March	
Thurs 15 <sup>th</sup> March	Jess Newton
Fri 16 <sup>th</sup> March	Yuki McCaskill /Krystal Phypers

## **HEALTHY TIP**

### **Fibre - why do we need it?**

The Australian Dietary Guidelines encourage us to eat more foods high in dietary fibre like vegetables, especially legumes, fruit and wholegrain foods. We know that fibre is great for health, helps prevent many chronic diseases and helps us control our weight.

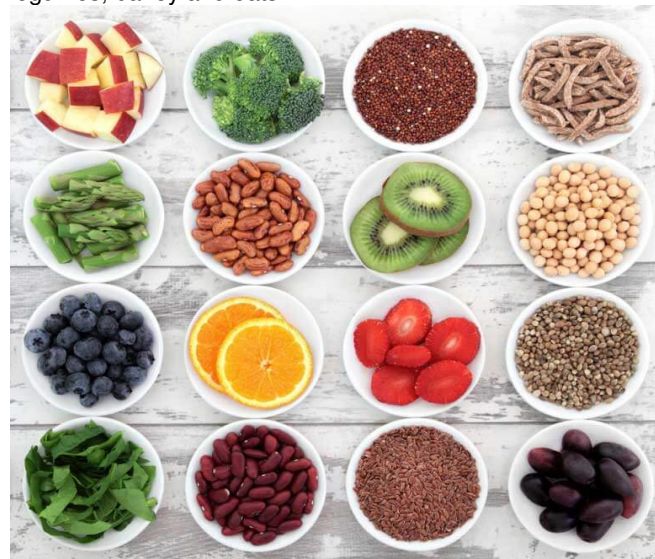
Fibre is only found in foods from plants. It is the part of what we eat that doesn't get digested in the small intestine and so continues into the large intestine where it is helpful for good health in many ways.

### **Insoluble fibre**

Insoluble fibre is particularly good for our digestive systems. It is bulky and absorbs water so it fills us up for few kilojoules, keeps stools soft and bulky and our bowels regular. It also helps prevent some problems with our bowel like diverticular disease, haemorrhoids, constipation and bowel cancer. Foods high in insoluble fibre are wholegrain breads and cereals, fruit and vegetables (especially the skins), and nuts and seeds. However, while vegetables and fruits are lower in kilojoules than many other foods, nuts and seeds are high and people aiming to lose weight still need to keep serve sizes small.

### **Soluble fibre**

Soluble fibre works differently. It still makes us feel fuller but also helps people manage their blood cholesterol and blood glucose. High soluble fibre foods include fruits, vegetables, legumes, barley and oats.



### **MINI Breakfast Helpers Required**

**Can you help with mini breakfast on a Monday or Thursday morning 8.15am – 9.00am? (All volunteers require a Working with children check)**

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**I can help with mini breakfast!**

**Name** \_\_\_\_\_

**Day** \_\_\_\_\_

**Working with children check**    **Yes** ☐

## STUDENT / COMMUNITY ACTIVITIES

### DAYLESFORD FOOTBALL AND NETBALL CLUB



PLAYERS WANTED FOR FOOTBALL AND NETBALL TEAMS - ALL AGE GROUPS  
Contact Carson White for more details:  
0499 811 817

### Chillout events @ Daylesford Library Saturday March 10th



**10.30 am**  
**Annual Rainbow Storytime**

Join us once again for some fabulous fun and frivolity for children of all ages! Parents can come too if they promise to behave!



**12 noon**  
**Kate Downey Author Talk**  
Author of the acclaimed 'Lucy Star' books.



**2.00 pm**  
**Out and Proud Speakers Corner**  
Share your story at our traditional speakers corner.

Includes a screening of the short film 'Derby Diversity: A Westside Pride Story'



We are at:  
Cnr Albert and  
Bridport Sts  
Daylesford

For more information  
or to book please call  
5348 2800 or email  
library@hepburn.vic.gov.au

Hepburn  
Libraries  
Rethink > Reconnect > Relax

Hepburn  
SHIRE COUNCIL

**Queer Country Pride CHILLOUT FESTIVAL**  
8 - 12 March 2018  
Daylesford - Victoria

## Kid's Bushdance

**Saturday 10th**  
**5 - 7pm**  
**Daylesford Town Hall**

Kids under 14yrs must be with an adult.

Adults +  
Kids under 3 yrs FREE  
Alcohol free event.

**kids \$15**

[chilloutfestival.com.au](http://chilloutfestival.com.au)

## SEAN DIXON

GUITAR TUTOR . SINGER . SONG WRITER

0434 527 741  
sean\_dixon2@hotmail.com  
seandixonguitartutor



Registered **NDIS** Provider



## Hepburn Region Parent Support Group

Through the Strengthening Parent Support Program, Pinarc facilitates groups of parents of children with disabilities to meet for peer support and information gathering. These groups can be as formal or informal as the members prefer. Most groups meet monthly, but this is also decided by members. We are in the process of starting a group in the Hepburn region.

**Initial Meeting:** Wednesday 28<sup>th</sup> March  
10.30am - 12pm  
Daylesford Neighbourhood Centre  
13 Camp St, Daylesford

This meeting will be a meet and greet to discuss the format, venue, and time for future group meetings. Information about local disability supports, services events and activities will be provided.  
Tea and coffee are available for a gold coin donation to the venue.

For more information please contact:  
Rebecca Paton, Parent Support Program Coordinator  
Ph: 5329 1361, Email: [rpaton@pinarc.org.au](mailto:rpaton@pinarc.org.au)

[www.pinarc.org.au](http://www.pinarc.org.au)

Head office: 1828 Sturt Street, Ballarat VIC 3350  
P: 03 5329 1300



## Yoga & Creative Dance

Prep to Grade 2  
**ENROL TODAY**  
Over the Moon Studios

### Beautiful Creative Dance for Boys and Girls

There is nothing more delightful than watching our children enjoy the experience of dancing and creating beautiful movement!

OTM provides children with wonderful opportunities to experience the joy of dance while developing confidence, creativity and a solid technical foundation in a safe and caring environment.

A range of after school Yoga & Creative Class vacancies currently exist in Term Two for the Prep to Grade Two age groups. If you would like to know more about how we work with your children, or would like your child to participate in a free trial class this term please contact us at [enquiries@overthemoonstudio.com](mailto:enquiries@overthemoonstudio.com) or 0437 032 934.

Ready to enrol today for Term Two - visit [www.overthemoonstudio.com/enrol-now](http://www.overthemoonstudio.com/enrol-now)

### Music for grown-ups!

You're never too old to add more music to your life, for fun, for personal growth, for creative expression, for you. Private and group lessons available in piano, singing, singing/ukulele or alto/tenor recorder. For more info, contact: [suzannehobson1@gmail.com](mailto:suzannehobson1@gmail.com)