# **DRUMMOND PRIMARY SCHOOL**

9 Lauriston Road, Drummond, Vic, 3461 - ph: 5423 9152 - fax: 5423 9363 - email: drummond.ps@edumail.vic.gov.au

## <u>NEWSLETTER NO. 18 - Thursday 26/7/2018</u>

we are respectful – we are responsible learners – we are honest and trustworthy we are caring and compassionate – we are good citizens

## CALENDAR

#### AUGUST

- Sun 5<sup>th</sup> Book Fair Sorting Day Gym: 10am – 4pm
- Mon 6<sup>th</sup> Book Club is due back
- Mon 20<sup>th</sup> Fri 24<sup>th</sup> BOOK WEEK
- Thurs 23<sup>rd</sup> Dress as your favourite Book Character Joining Yandoit PS
- Sun 26<sup>th</sup> Book Fair Sorting Day Gym: 10am – 4pm

#### 2018 TERM DATES

Office Hours: 8.30am to 4.00pm

Term 3: 16 July to 21 September Term 4: 8 October to 21 December

#### WE ARE A RESPECTFUL RELATIONSHIP SCHOOL

Sometimes talking about what has been happening in your life can bring up concerns, where you may need to seek extra support.

KIDS HELPLINE FOR YOUNG PEOPLE: 1800 551 800 HEADSPACE FOR TEENS: 1800 650 890

#### PRINCIPAL'S REPORT

Student safety and Wellbeing is paramount and at the core of what we do as teachers every day. The incident last week at the skate park, where two of our students were approached by a stranger in an 'orange late model Ford' was a terrible situation. We took immediate action to notify police, Emergency Security Services and the students' parents to offer support. Notifying Emergency Security Services sends an alert to all schools across South-Western Victoria. Staff were immediately alerted/not alarmed to check all children's travel arrangements before & after school and discuss with their class about "stranger danger" and continue this vigilance each day for the coming weeks. The messages sent across the school were

- If students are walking, ensure they are not alone; they stick to main streets and not back roads.

- During each school day, remind children not to hang out near boundary fences in the playground.

- The police have made their presence known in the schoolyard and will be visible around the school area in coming weeks before and after school.

- That parents have conversations with their children about travel to & from school.

Staff, parents & community members are encouraged to continue to be observant and report any suspicious activity. Thank you.

#### Parent/Teacher/Student Interviews

Thank you to all the parents and students who actively participated in the interviews held on Wednesday. To have a clear and understood direction, specifically around goal setting, will be supportive of student achievement, both socially and academically. If for whatever reason you missed this opportunity to engage in our interview process, please contact the school to arrange an appointment. Due to teacher illness, 3/4C interviews will be rescheduled.

#### Parent Opinion Survey

The annual parent opinion survey was distributed earlier this week. This is an anonymous survey given to a computer-generated sample of families. If you receive an envelope, we would like you to please complete the online survey. This helps us as a school to improve our practices and support our constant school improvement agenda. Thank you for your support.

#### Victorian Cross Country Championships

The school had three representatives qualify for the State Cross Country Championships: namely Erin Childs, Zach Koleski & Charlotte Streat. Congratulations on doing extremely well and representing our school with distinction. Well done to all.

Enjoy your weekend!

Karen McHugh Acting Principal

## RESPECTFUL RELATIONSHIPS POSITIVE COPING

As children grow, they will encounter situations where they might feel worried or nervous. Helping them learn a range of positive coping skills will allow them to develop and practise skills that will enable them to cope with future changes or challenges.

**Positive self-talk** is a key strategy for coping with negative thoughts, emotions, and events. Resilience research shows that use of positive self-talk is associated with greater persistence in the face of a challenge.

#### Other examples of positive coping strategies:

Cuddle your teddy; sing a happy song; talk with mum or dad; ask for help; take some slow, deep breaths; ask for a hug; play with a favourite toy; imagine you are a superhero fighting the fear away; fill your lungs like big balloons and let the air out slowly; listen to some gentle music; imagine you are floating on a cloud.

## **Current Focus**

### Respect (Property, School, Environment)

#### **Property**

We use many things at home and school to make life more enjoyable: TV, CD players, computers, sports equipment, class materials, play equipment, etc. These items need to be looked after for everyone's benefit! If the owners of toys/games share, we must not abuse the privilege: look after these things as if they were your own, return them to the owner in good condition and thank them for letting us use them. If we use classroom materials return them to where they are stored. It is the same with things at home: look after your own possessions and those are shared by family. Show respect for property at all times!

#### <u>Our School</u>

Our school means different things to different people. Everyone has their favourite place. Some people enjoy a book in a quiet corner of the classroom and others enjoy the computer in their room. Some children prefer to sit under the trees, others play footy on the oval or climb on play equipment.

It is important that we look after our school so that it remains a pleasant place to be. Respecting our school means working together as a team to keep it clean, free from litter and ensuring that no-one damages buildings, furniture or equipment. Trees and gardens need to be respected too. They make our school grounds look better, provide shade and shelter. Respecting all play areas means everyone benefits: our school values are there to keep school a safe, happy place. Be proud of our school.

#### The Environment

We are very fortunate to live in a wonderful town like Daylesford. There are many natural features near our school – the lake, the springs, parks and gardens, fascinating walking trails, wonderful old trees, natural birdlife and so many other unique and special places around us.

We need to look after all of these places and be respectful of them, not just for their own sake but because they are important to people both now and in the future.

Remember to always treat our environment with respect. This can be done in many ways – never leave rubbish around, be sensitive to the natural environment and wildlife, remember it is their home we are visiting. Always walk or ride on designated paths. Respecting and caring for our environment will mean it will be there for everyone to appreciate and enjoy for many years.

Karen McHugh.

#### A message from Meg

Thank you to all parents who were available on Wednesday. It was great to see students displaying their learning to parents.

Could those parents who were unable to attend on this day make a time to meet with me in the coming weeks please.

## Boxes and items suitable for our fruit and vegetable shop

In our dramatic play we are creating a fruit shop and would appreciate boxes and items (non-perishable) that can be used to represent produce (eg egg cartons, biscuit boxes etc)

In creating a shop, the students have been making paper mache pieces of fruit and preparing a space for the shop. This is also a fantastic maths exercise as the students will be looking at money, fractions and percentages during this exercise.



BOOKCLUB

Book club is an important fundraiser for our school.

Every time a family purchases books through Book Club the school receives books for our school library. Over the years Book Club has been operating, hundreds of books have been received and our school library would not be the wonderful resource it is for our children's learning.

Forms were distributed to students this week. The final date for return is **Monday 6<sup>th</sup> August 2018**. Please ensure form has child's name, and correct money for items ordered enclosed, if returning to the school.

<u>Reminder: Parents may also order online via "The Loop"</u>. Any orders via The Loop will be delivered to school in the usual manner.

## **ONLINE ORDERING**

Orders can now be placed online for the current Issue. Simply search for the book club's loop free app in your app store and follow the prompts.



#### Homemade soup

Homemade soup can be a wonderful and healthy option for your children's lunchbox- especially during the colder months. Soup can be easily frozen into lunch size portions. Heat soup up in the morning before school and pack in a thermos ready for lunch that day. Soups with lots of vegetables are a great choice as they help to ensure your children are on the way to meeting the 5 recommended serves of vegetables for the day. Attached you will find a recipe for some Pumpkin, Carrot and Potato soup which falls into the GREEN category of the traffic light system!



#### **Pumpkin, carrot and potato soup** Serves: 6

#### Ingredients

- 1 small butternut pumpkin, peeled and diced (ripe, not fibrous – buy 2 cut halves so you can see the pumpkin)
- 1 large carrot, peeled and diced
- 1 large potato, peeled and diced
- 1 large onion, chopped
- 2 large garlic cloves, sliced

- 1 litre of salt-reduced chicken stock
- 1 Massel vegetable stock cube dissolved in 1 tablespoon of hot water
- 1 teaspoon curry paste (or powder)
- Black pepper to taste
- 1 tablespoon olive oil

#### Method

- In a large pan, gently fry the onion in olive oil, add the sliced garlic cloves and cook until soft
- 2. Add the curry paste or powder and cook for one minute
- 3. Add all the prepared vegetables and the chicken stock, then bring to the boil
- 4. Lower the heat, cover with the pan lid and simmer gently until the vegetables are tender
- 5. Blend the soup and season with black pepper

## Student & Community Activities



#### Theme 'Chance and Change'

Kids, it's time to get writing! Talk to your school about how you can enter the Children's Writing Award as part of Words in Winter 2018. Your story about 'Chance and Change' or the 2018 Book Week topic 'Find Your Treasure' must be handed into the school office by 4pm Thursday 16th of August 2018.

ANNOUNCEMENT OF WIW CHILDREN'S WRITING AWARD		
AT DAYLESFORD TOW	VN HALL	
IIAM SATURDAY AUGU	NT BOTH	
PRIOR TO PERFORM.	ANCE OF	
CHILDREN'S THEATRE PRO	DUCTION	
FLIPSIDE FAIRIES (1	1.30AM)	



Express yourself!

Join a Dance or Drama class with the team that brought you *Mavericks and Misfits*.

Mon	4-5pm 5-6pm 6-7pm	Prep-Gr 2 Creative Dance Gr 3-5 Creative Dance Gr 6-9 Creative Dance
Tue	3.45-4.45pm 4.45–5.45pm	Prep-Gr 4 Drama Gr 6 – Yr 7 Drama

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6 – 7pm 7 – 8.30pm	Junior Contemporary Dance Open Age Contemporary
	Dance
10 – 10.45am	Adult & Child (1-4 yrs) Dance
11 – 11.45am	Pre-school Creative Dance
4 – 5pm	Prep-Gr 4 Drama

#### Thurs 3.45- 5pm Gr3-6 Drama

Wed

Call now to enrol on **0428 330 640** or <u>bray jen@hotmail.com</u> Info at: www.<u>insideoutdancetheatre.com.au</u>



To the Parents / Carers and families of 2018

Hello, my name is Andrea Gardiner and I am writing to you as one of the parents on behalf of Daylesford Primary School for the 2018 School year.

We are planning a Trivia night for Daylesford Primary School on Saturday October the 13<sup>th</sup>. The Trivia night will be planned in the hope to raise substantial funds for heating and cooling for most of the students classrooms. Having sustainable heating is a must, but also cooling in the summer months for continued support of our children; to concentrate, learn and grow in their classroom environments. Studies showing that high classroom temperatures, as well as low classroom temps can affect a student's ability to learn and function.

- To make this night a success we need the help of our families!
- Donation/s or voucher/s of any amount will be gratefully accepted from families or industries/ businesses /organisations
- Do you own a business that would consider a larger donation /sponsorship?
- Do you own a business or know of a business that could supply split systems to the school at a reduced rate?
- Do you have a trade that could assist in the quoting /fitting of appliances?
- Would you like to be part of the sub-committee for the Trivia night?
- Start organising your friends and family for a table of 10 for the night!

More information about the trivia night will be out in Term 3. If you feel you can assist us on any of the points above please contact me as per contacts below. All businesses that assist will be added to the school newsletter, all supporters acknowledged at the trivia night, and appreciation certificates will also be posted.

I look forward to hearing from you,

Kind regards, Andrea Gardiner Parent of 2018 @ Daylesford Primary 0414 478 501/ <u>ajgardiner7@bigpond.com</u>





## Goanna Kinder Open Day & Transition to School Workshop

Join us for an open day for Goanna Kindergarten on Saturday the 4th of August. The doors will open at 10am where we will be onhand to answer all of the questions you might have about kindergarten, the Child Care Subsidy and our Bush Kindergarten Program. We will also be able to fill you in on all of the adventures we have planned for the new bus. Then at 10:30am, we will host a meet and greet with other families and some local school representatives over a light morning tea. At 11am, we have Laura from Early learning Association Australia presenting a one hour session on supporting your child through their tranistion to school with lots of time for questions afterward. THIS IS A FREE EVENT SPONSORED BY THE BUILDING BETTER REGIONS FUND.

## BECOME A VOLUNTEER HOST FAMILY



WEP IS LOOKING FOR FAMILIES TO JOIN OUR COMMUNITY OF WONDERFUL VOLUNTEER HOST FAMILIES.

HOST A HIGH SCHOOL EXCHANGE STUDENT!

IF YOU HAVE AN INTEREST IN OTHER CULTURES, WE WOULD LOVE TO HEAR FROM YOU! REMEMBER, SOMETIMES THE GREATEST REWARDS IN LIFE COME FROM DOING THINGS YOU NEVER THOUGHT YOU WOULD!

CONTACT WEP ON 1300 884 733 FOR MORE INFORMATION OR EMAIL INFO@WEP.ORG.AU.





Ciao from Italy/ My fascination with other cultures led me to enroll into a school focused on foreign languages. Like to keep active and have also been practising artistic gymnastics for over ten years. I can't wait to immerse myself into the durbalion entities and language.

Australian culture and I am very terful to you for giving me the sortunity to do so. MORE PROFILES AVAILABLE AT

