

DRUMMOND PRIMARY SCHOOL

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NEWSLETTER NO. 13 - Thursday 31/5/2018

CALENDAR

JUNE

Mon 4th -
Thurs 7th

Swimming at Kyneton Toyota Sports
& Aquatic Centre
1.30pm – 2.30pm

Frid 8th

Curriculum Day – Pupil Free Day

Mon 11th

Queen's Birthday Holiday

Tues 12th

School will commence at 9.30am
Teachers will be returning from
Daylesford Primary School

Thurs 14th

Drummond School Council Meeting
At 4.00pm

Tues 19th

Excursion – Sea Life Melbourne
Meeting at Kyneton Train Station
8.15am sharp

Tues 26th

Winter Raffle drawn at Assemble at
DPS

P4P

June 6th, 13th, 20th and 27th
At Daylesford Primary School
2.20pm – 3.20pm – Grade 6

JULY

Wed 18th

School Photos – at 10.00am at
Drummond Primary School

2018 TERM DATES

Office Hours: 8.30am to 4.00pm

Term 2: 16 April to 29 June

Term 3: 16 July to 21 September

Term 4: 8 October to 21 December

Sometimes talking about what has been happening in your life can bring up concerns, where you may need to seek extra support.

KIDS HELPLINE for young people: 1800 551 800

HEADSPACE FOR TEENS: 1800 650 890

WE ARE A RESPECTFUL RELATIONSHIP SCHOOL

| COPING STYLES: | COPING STRATEGIES |
|-----------------------|--|
| Energetic Activity | Includes things like exercise, sport, dance, active play which can help lift your mood |
| Self-Calming Activity | Includes things that calm you down, like drawing, meditation, praying, being in a quiet space, listening to soothing music, taking a shower, snuggling in bed, walking the dog, stroking the cat, cuddling a teddy |
| Social Activity | Includes things like talking things over, help-seeking or connecting with or spending time with others |
| Shifting Attention | Includes things that take your mind to a different place like reading, watching TV, playing games, doing a favourite hobby |
| Getting Organised | Includes activities that help you plan, get organised, like making lists, tidying up, making a plan, organising an activity, making a game plan |

ATTENDANCE

Could all parents please notify the school when their child is absent during the week. This can be in the form of a phone call before 9.30am or in person at the office.

Doing this enables us to keep track of where students are during the week.

It is a requirement of the Education Department and we are endeavouring to improve our unexplained absences throughout all schools.

Thank you for your assistance

Current Focus

Honesty and Trust

We often hear the words honesty and trust and we tend to associate them with people we know. These qualities are also a part of our school values. We would all like other people to see us as being honest and trustworthy. These qualities include being fair, honourable, open, genuine, decent, creditable, truthful, respected, sincere and reliable. There are many opportunities for us to display these qualities with our friends, teachers and parents/carers.

Being a good friend, an effective member of both our school and our own local community relies on us displaying qualities of being honest and trustworthy. These qualities can be shown in your daily interactions with people through your actions and words.

Karen McHugh

PRINCIPAL'S REPORT

ASSEMBLY PERFORMANCE

Once again, we had the pleasure of listening and participating in a vibrant assembly with the Daylesford Secondary college concert band performing. Along with this, we had our senior school year levels performing a variety of entertaining songs. Well done to all, it was a very engaging assembly as we continue to encourage our students to be involved in the Performing Arts. If you would like further information about your child learning a musical instrument please contact either myself, Katie Yeung or Suzanne Hobson.

WINTER RAFFLE

If you pass by my office area you will notice fabulous prizes donated for this year's Winter Raffle. The organising team have done a fabulous job in approaching the generous businesses in our area, which we will acknowledge in an upcoming newsletter. That being the case we encourage all families to get behind this raffle by selling tickets, which were sent home with a previous newsletter. If you would like more tickets to sell, please call in to the front office. All money raised will go towards our valuable learning resources and this year's Grade 6 Graduation Dinner. Thank you in anticipation!

GREATER WESTERN REGION CROSS COUNTRY FINALS

WARRNAMBOOL

Congratulations to all our participants who are competing in this event today at Warrnambool. Well done to Erin Childs, Mia Hardy, Scout Kinnear, Zach Koleski, Frey Pelham, Jessica Santurini & Charlotte Streat who have not only challenged themselves to achieve such success but have also represented our school so admirably. A huge thank you to all parents and carers who have committed their time and resources to support their children in such a prestigious event. A follow up report will be included in next week's newsletter.

2018 BOOK FAIR

We can now confirm that the annual Daylesford Primary School Book Fair will be hosted on both Saturday the 1st and Sunday the 2nd of September, which coincides with the Monthly Farmers Market weekend at our school. The organising team have committed the following times and dates for the sorting of books, so we encourage anyone who has the time to become involved.

Sunday 3rd June from 10am-12 noon,
Sunday 24th June 10am-4pm,
Sunday 5th August 10am-4pm &
Sunday 26th August 10am-4pm

All book-sorting opportunities will be hosted in the school gym. If you have any books that you would like to donate to

the fabulous event, which on average raises between \$6000 and \$8000 for our school literacy programs, we will gratefully accept all donations. Pick up can be arranged. Please contact the school and we will do our best to ensure that the books are picked up at an appropriate time or you are most welcome to drop them off at the school. If you plan to bring the books to school, we will open the gym area where the books will be temporarily stored. Please contact the office for advice. Thank you for your support. For further information please contact the school or Shelley Sandow on 0427 152 949.

PUPIL FREE DAY 8TH OF JUNE

Finally just another reminder that there is a pupil free day on Friday the 8th of June. No children are to attend on this day. This also coincides with the Queen's Birthday public holiday on Monday the 11th of June.

DOGS ON SCHOOL PREMISES

As an owner of two beautiful Golden Retrievers I am a major fan of dogs and I know they play a very important role in people's lives. However at school dogs can be unpredictable due to the amount of people and the noise, as well as the fact that other dogs can cause problems. Many children and adults have anxiety as a result of experiences with dogs. That being the case I would like to ensure that we think carefully about bringing dogs to school. It is vital they are on a lead and controlled, away from children, adults and other dogs. If you have any concerns please contact me. Please don't be offended if I request that you do not bring your dog on school premises.

Enjoy your weekend

Trevor Edwards
Principal

"WINTER" RAFFLE FUNDRAISER

Tickets for the "Winter" Raffle have been sent home with this newsletter. Please support this fundraiser **as there are many fabulous prizes to be won, and it is a great opportunity to raise funds for our school. Please return all sold/ unsold tickets by Friday 22nd June. Raffle will be drawn at the final Assembly for Term 2, Tuesday 26th June.**

We will be selling raffle tickets near Coles on various dates in May from 9am-3pm. We are looking for volunteers to spare an hour or two to help sell tickets to the community. If you able to help please leave your name and number at the school office. 53482480





ITALIAN WORD/PHRASE OF THE WEEK

La cugina: **cousin (girl)** il sole: **the sun**

FINANCIAL ASSISTANCE – INFORMATION FOR PARENTS

DO YOU HAVE A VALID MEANS-TESTED CONCESSION CARD?

Then you may be eligible to apply for the CSEF (CAMPS, SPORTS & EXCURSION FUND)

Eligibility will be subject to the parent/carer's concession card being successfully validated with Centrelink on the first day of either term one (29 January 2018) or term two (16 April 2018).

The annual CSEF amount per primary student will be \$125, which will be paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

Please contact the front office for an application form (or download from the CSEF website
www.education.vic.gov.au/csef)

The CSEF Program closes on 30th June, 2018

rebel

 Ballarat

Invite all
Daylesford Primary School
MEMBERS

Support Your Sport Program

We invite members of the SCHOOL to join our Rebel Active Loyalty Program where Member's will receive benefits of monthly promotions and discounts across the store.

We will reward your SCHOOL with a rebate on all member purchases in the form of an in store credit to be spent at Rebel Sport.

Please present your Rebel Active Loyalty card and ask our staff to ensure that you are linked to the SCHOOL OR ask our friendly staff for a card when you next visit the store.

#0700005074- Daylesford Primary
School

With thanks The Team @ Rebel Ballarat
13-23 Grenville Street Ballarat Ph: 0353318 338

A message from Meg

Swimming – Next Week!!

Swimming has now been confirmed to occur from Monday 4th until Thursday 7th of June. Please make sure you bring all your swimming gear with you next week each day.

We will depart from school at 1.00pm to commence our lessons at 1.30pm each day. These lessons conclude at 2.30pm so we will return to school for the end of the day.

Those students who are not attending the pool will need to be picked up early on these days.

School Photos

Please note that this year our school photos will be taken at Drummond Primary School on Wednesday 18th July at 10.00am.

Seal Life Excursion – 19th June



On Tuesday, the 19th of June, we will all be travelling by train to Melbourne to visit Sea Life Melbourne.

Students will need to be at the Kyneton Station by 8.15am sharp to catch the train at 8.25am.

The cost of this excursion is \$25.60 per student. A permission form was sent home last week which needs to be returned with payment by Friday 8th June.

HEALTH TIPS

Some handy tips for including protein foods in the diet

1. Choose lean meat and skinless poultry trimmed of visible fat, and aim to include fish or seafood 2–3 times a week.
2. Avoid processed meats like sausages and deli meats like salami where possible.
3. Eggs make great lunchbox fillers for children and are very portable when hard boiled.
4. Add legumes to soups, salads and meat sauces to extend the meal and add extra texture and flavour.
5. Include a handful (30g) of nuts every day. Include as a snack or add to your favourite stir fry or breakfast cereal.

Below is a recipe from the **GREEN** category of the traffic light system. This recipe provides an excellent source of protein and can be used for a healthy snack or even a delicious lunch anytime of the year.

Pea and ham frittata



Ingredients

6 serves

Potato, peeled 1 large (185g)

Onion 1 small

Reduced salt lean ham 200g

Olive or canola oil ½ tablespoon

Peas (fresh or frozen) 1 cup

Grated cheese ½ cup Eggs 4

Whole meal pita bread 3 medium

Lettuce 3 leaves

Tomato 1 medium

Method

1. Boil potatoes until just cooked. Remove from water and allow to cool.
2. Preheat oven to 160°C.
3. Peel and chop onions.
4. Slice cooked potatoes and finely slice the ham

Student & Community Activities

WORDS IN WINTER FUNDRAISER

Help is needed to sell raffle tickets at the Farmers' Arms Hotel every Friday night during May from 6pm.

Please contact Maia on 0438 484 558 if you can help in any way. Thank you.

Face Painting Techniques

Tuesdays 4pm
Starting 29th May
Daylesford Library



Sun Catchers

Wednesday 4th July
11am
Daylesford Library

Free but bookings are required ph 5348 2800



Rebecca Faulkner

Animal trainer for Film, Television and Theatre will talk to us about her career and introduce us to some of her biggest stars!



Tuesday 3rd July

11am

Trentham Library

2pm

Daylesford Library

Free event but space is limited so please phone 5348 2800 to book



HER MAJESTY'S BALLARAT PRESENTS

YO DIDDLE DIDDLE

One Cow.
One Moon.
One Mission.

patch

Perfect for ages 4 - 8

Tuesday 10 July 10.30am and 1.30pm

Mary's Mount Centre, Loreto College, Sturt Street, Ballarat

Tickets: \$15 and Family Ticket: \$50

(Two adults & two children)

Bookings: 5333 5888 Web: hermaj.com



Are you between ages 9 and 17? Are you free on Sunday afternoons? Would you like to make new friends, meet awesome people and do amazing things like get on radio and lead your community? The Field Trip would like to offer you a two week free trial to come along and try it out. It's every Sunday 3-5pm at the Guide Hall - 5 Duke Street, Daylesford. Please call 0400 344 746 to express your interest or you can register via the website: www.thefieldtrip.co We hope you will give it a go. You will love it.